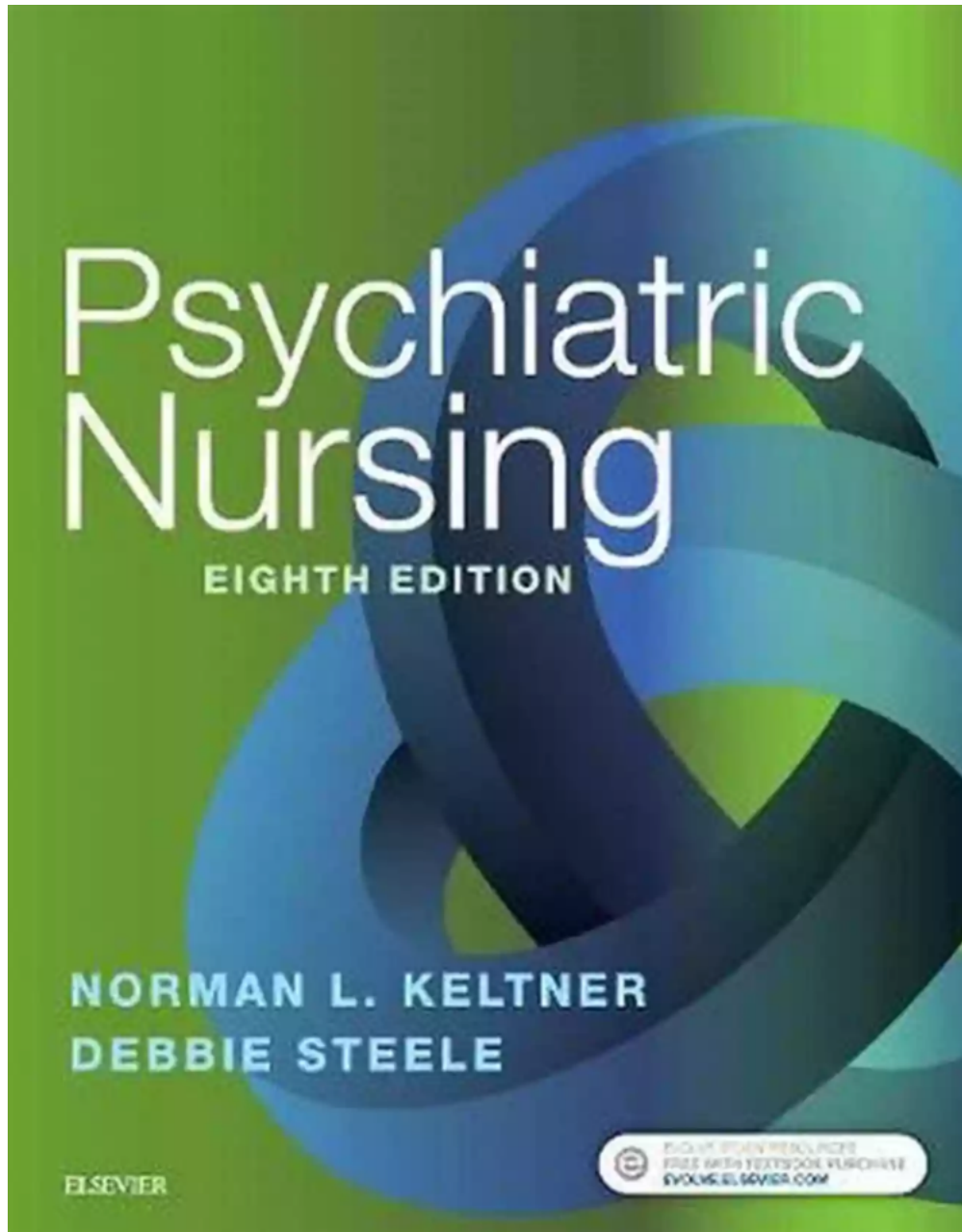


# Keltner Psychiatric Nursing: Revolutionizing Mental Healthcare

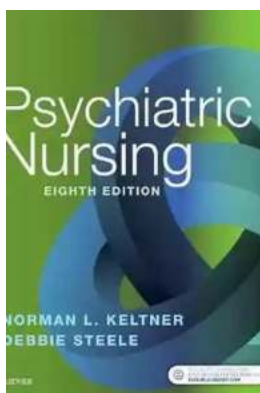


When it comes to mental healthcare, the significance of nursing cannot be overstated. The field of psychiatric nursing plays a crucial role in addressing the unique needs of individuals facing mental health challenges. Among the leading

innovators in this field is Keltner Psychiatric Nursing, a name synonymous with compassion, expertise, and revolutionizing mental healthcare.

## The Origins of Keltner Psychiatric Nursing

Keltner Psychiatric Nursing was founded in 1998 by Dr. Jennifer Keltner, a highly accomplished and empathetic psychiatric nurse with a vision to transform the way mental healthcare is provided. Driven by her own experiences working as a nurse in psychiatric facilities, she witnessed the shortcomings of traditional approaches and recognized the need for a more holistic and patient-centered approach.



## Keltner's Psychiatric Nursing E-Book

by Jill Harries(9th Edition, Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English  
File size : 11075 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 1994 pages



Dr. Keltner assembled a team of like-minded professionals who shared her passion for advancing mental healthcare and established Keltner Psychiatric Nursing as a center of excellence. With a focus on evidence-based practice, continuous learning, and individualized care, Keltner Psychiatric Nursing quickly gained reputation and recognition in the medical community.

## The Keltner Approach

Unlike traditional psychiatric facilities, Keltner Psychiatric Nursing prioritizes a more personalized and comprehensive approach to mental healthcare. The team

believes that each patient has unique needs and strives to develop individualized treatment plans that address these needs effectively.

At the core of the Keltner approach is the belief that compassion and empathy are essential for successful psychiatric nursing. The team ensures that patients feel heard, understood, and valued, creating an environment of trust and safety. By taking the time to truly connect with patients, Keltner Psychiatric Nursing establishes a strong therapeutic bond that forms the basis of effective treatment.

## **The Role of Psychiatric Nurses at Keltner**

Keltner Psychiatric Nursing employs a team of highly skilled and compassionate psychiatric nurses who are dedicated to providing top-quality care to their patients. These nurses undergo specialized training in mental healthcare, enabling them to handle a wide range of psychiatric conditions with expertise and sensitivity.

Throughout a patient's treatment journey, the psychiatric nurses at Keltner serve as the primary point of contact, ensuring continuity of care and establishing a strong nurse-patient relationship. They play a pivotal role in assessing patients, developing treatment plans, administering medications, and providing therapeutic interventions.

## **Range of Services Offered**

Keltner Psychiatric Nursing offers a comprehensive range of services designed to meet the diverse needs of their patients. These services include:

- Psychiatric assessments and evaluations
- Medication management
- Individual and group therapy sessions

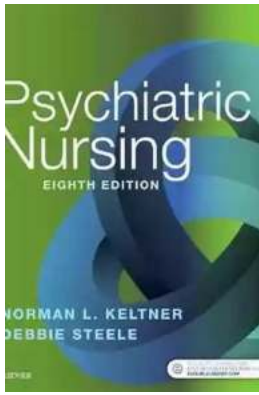
- Psychoeducation for patients and their families
- Crisis intervention and emergency care
- Substance abuse treatment
- Collaboration with other healthcare professionals

## **The Impact and Success Stories**

Since its inception, Keltner Psychiatric Nursing has transformed the lives of countless individuals struggling with mental health issues. Patient success stories serve as a testament to the effectiveness of their approach and the dedication of their team.

One such success story is that of Mark, a 45-year-old patient who had been battling severe depression for several years. After multiple unsuccessful treatment attempts, Mark sought help at Keltner Psychiatric Nursing. Through tailored therapy sessions and personalized medication management, Mark experienced significant improvements in his mental well-being. He credits the compassionate care provided by the psychiatric nurses at Keltner for giving him a new lease on life.

Keltner Psychiatric Nursing has revolutionized mental healthcare by prioritizing personalized, compassionate, and evidence-based approaches. Driven by a team of highly skilled psychiatric nurses, the center has consistently delivered exceptional care while transforming the lives of individuals facing mental health challenges. With their unwavering commitment and innovative strategies, Keltner Psychiatric Nursing continues to set new benchmarks in the field of psychiatric nursing, bringing hope and healing to those in need.



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Gain the skills you need to provide safe and effective psychiatric nursing care! Keltner's Psychiatric Nursing, 9th Edition provides a solid foundation in the knowledge required to manage and care for patients with psychiatric disorders. It features a unique, three-pronged approach to psychotherapeutic management emphasizing the nurse's three primary tools: themselves and their relationship with patients, medications, and the therapeutic environment. New to this edition are Next Generation NCLEX<sup>®</sup> exam-style case studies to help you learn clinical judgment and prepare for success on the NCLEX. Known for its clear and friendly writing style, this text covers psychiatric nursing like no other book on the market.

- **UNIQUE!** Practical, three-pronged approach to psychotherapeutic management includes: 1) the therapeutic nurse-patient relationship, 2) psychopharmacology, and 3) milieu management.
- **UNIQUE!** Norm's Notes offer personal, helpful tips from Norman Keltner — an expert educator and the book's erstwhile author — in each chapter.
- **UNIQUE!** Putting It All Together summaries are provided at the end of each psychopathology chapter.

- DSM-5 information is integrated throughout the text, along with new ICNP content.
- Nursing care plans highlight the nurse's role in psychiatric care, emphasizing assessment, planning, nursing diagnoses, implementation, and evaluation for specific disorders.
- Case studies depict psychiatric disorders and show the development of effective nursing care strategies.
- Critical thinking questions help you develop clinical reasoning skills.
- Family Issues boxes highlight the issues that families must confront when a member suffers from mental illness.
- Patient and Family Education boxes highlight information that the nurse should provide to patients and families.
- Learning resources on the Evolve website include lecture slides, psychotropic drug monographs, and NCLEX<sup>®</sup> exam-style review questions.
- NEW! Next Generation NCLEX<sup>®</sup> (NGN) examination-style case studies and NGN item types are included for five of the major mental health disorders, allowing you to apply clinical judgment skills.
- NEW! Updated Clinical Examples discuss real-world situations relating to mental health.
- NEW! COVID-19 resources and research includes information relevant to psychiatric nursing care.
- NEW! International Classification for Nursing Practice (ICNP) nursing diagnoses, from the International Council of Nurses, include straightforward, evidence-based terminology that is easily translatable across settings and disciplines.



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