

Making The Terrible Twos Terrific: John Rosemond 16

The terrible twos are infamous for the challenges they bring to parents. As toddlers enter the stage of asserting their independence, tantrums, defiance, and dramatic emotional outbursts become part of their daily routine. However, renowned parenting expert John Rosemond has developed a groundbreaking approach that promises to revolutionize the way parents navigate the terrible twos. In this article, we will explore Rosemond's philosophy and techniques, offering parents valuable insights on how to transform this challenging phase into a truly terrific one.

The Notorious Terrible Twos

The terrible twos, typically occurring between the ages of 18 and 36 months, mark a significant developmental stage for toddlers. At this age, children begin to discover their autonomy and boundaries, leading to newfound assertiveness and independence. While this is a crucial part of their growth, it often poses immense challenges for parents.

Tantrums, backtalk, defiance, and mood swings become part of the daily routine, leaving parents exhausted and frustrated. However, labeling this phase as "terrible" may shape parents' expectations, causing them to approach it with dread and negativity. John Rosemond offers an alternative perspective, believing that parents have the power to transform these two years into a truly positive and enjoyable experience for both themselves and their children.

Making the "Terrible" Twos Terrific! (John Rosemond Book 16) by John Rosemond(Kindle Edition)

★★★★☆ 4.5 out of 5



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File size	: 858 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 242 pages



John Rosemond's Radical Philosophy

John Rosemond, a renowned family psychologist and parenting expert, challenges conventional wisdom when it comes to dealing with the terrible twos. His philosophy emphasizes parents' authority, accountability, and the importance of setting boundaries. Rosemond believes that many modern parenting practices have led to the rise of entitlement and disobedience among children, contributing to the challenges faced during the terrible twos.

Rosemond argues that parents should assert their authority from the start, establishing a clear hierarchy within the family. By doing so, toddlers understand their place within the family structure and learn to respect and obey their parents. According to Rosemond, when parents fail to establish this clear authority, children develop a sense of entitlement and an expectation that their demands will always be met.

The Power of Communication

Rosemond's approach places a strong emphasis on effective communication between parents and toddlers. He believes that open and honest dialogue, even with young children, can prevent power struggles and tantrums. Rather than

resorting to punishment or bribery, Rosemond suggests that parents calmly explain their expectations and consequences.

By setting clear boundaries and explaining why certain behaviors are unacceptable, parents empower their toddlers with knowledge and understanding. This approach helps them navigate life with a sense of purpose, direction, and self-control. When children are empowered with knowledge, they become less likely to engage in unnecessary power struggles or tantrums.

Consistency and Routine

A key principle in Rosemond's philosophy is the importance of consistency and routine. He advises parents to establish firm daily routines that provide a sense of stability and predictability for their toddlers. Predictability helps children feel secure and reduces anxiety, leading to fewer behavioral challenges.

Furthermore, consistency in enforcing boundaries and consequences reinforces parents' authority. When parents consistently follow through with the established consequences, toddlers learn that their actions have predictable outcomes. As a result, they are more likely to modify their behavior and respect the boundaries set by their parents.

The Role of Positive Reinforcement

Rosemond acknowledges the significance of positive reinforcement in shaping children's behavior. By praising and rewarding positive actions and behaviors, parents encourage their toddlers to continue making appropriate choices. Positive reinforcement helps build a positive parent-child relationship, fostering trust, respect, and cooperation.

Rosemond advises parents to focus on catching their children doing things right, rather than solely focusing on their mistakes. By highlighting positive behavior, parents promote healthy self-esteem and a sense of achievement in their toddlers. Creating a positive environment where children feel valued and accepted reduces the likelihood of defiant behavior and tantrums.

John Rosemond's philosophy challenges parents to embrace the terrible twos as an opportunity for tremendous growth and development. By establishing clear boundaries, effective communication, consistency, and positive reinforcement, parents can transform this challenging phase into a truly terrific one. Parents who adopt Rosemond's approach are empowered to create a nurturing and authoritative environment where their toddlers thrive.

So, say goodbye to the dread associated with the terrible twos, and embark on a journey towards making these years truly terrific!



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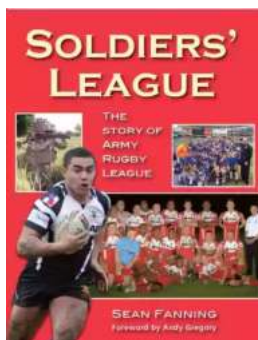
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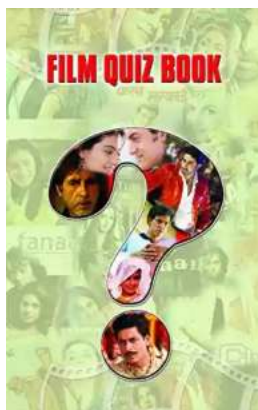
Focusing on the developmental period spanning age eighteen to thirty-six-months, which renowned parenting expert John Rosemond dubs, “the

twos,” Making the “Terrible” Twos Terrific! offers practical parenting advice to ensure that every child’s “twos” are terrific. By offering comprehensive tips on everything from toilet training to developing good habits for bedtime, as well as disciplinary techniques to control aggressive behaviors, Making the “Terrible” Twos Terrific! approaches parenting in a straightforward, accessible manner that is easy for parents to implement and achieve success with their toddlers. No bribing, meltdowns, nudging, or cajoling are necessary. All parents need is consistent, firm, and loving interactions with their toddler to guide him or her during the developmental years. The methods described by Rosemond also translate to success throughout other life endeavors such as school, relationship building, and even productivity in the distant tween and teen years. To ensure that earthshaking foot stomps, decibel-shattering screaming, and consistently stubborn behavior are not the norm for your toddler, consult Rosemond’s Making the “Terrible” Twos Terrific!.



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