# No Tall Heels To Tango - Unveiling the Secrets of a Sensational Dance Form



Tango, an electrifying dance form, an expression of passion and connection, has captivated hearts and minds for generations. Originating in the late 19th century in Argentina, it has gained popularity worldwide due to its unique blend of sensuality and intricacy. No Tall Heels To Tango, a phrase often heard within tango circles, is an intriguing idiom that carries a deeper meaning. It represents the unwritten rule that a tango dancer should not wear heels higher than two and a half inches. This article aims to explore the origins, techniques, and charm of the Tango dance, shedding light on why the height of heels plays a significant role in its execution.



#### No Tall Heels to Tango

by Howard Jackson(Paperback – October 20, 2019) ★ ★ ★ ★ 4.7 out of 5 Language : English Paperback : 212 pages Item Weight : 7.5 ounces Dimensions : 5.08 x 0.45 x 7.8 inches



#### The Origins of Tango

The Tango dance emerged from the working-class neighborhoods of Buenos Aires and Montevideo in the late 19th century. It was born out of the collision between European immigrants and African rhythms, resulting in a melting pot of cultures and music.

The intimacy and passion of Tango made it an instant hit among the locals. Eventually, it gained recognition worldwide, transcending borders and captivating dancers of various backgrounds.

#### The Essence of Tango

Tango is a complex dance that demands both technical precision and emotional connection between partners. The dancers communicate through subtle body

movements, creating a dialogue of seduction, trust, and vulnerability. It is not merely a sequence of steps, but rather a conversation woven on the dance floor.

Mastering Tango requires years of practice, focusing on footwork, posture, and body carriage. The dancers must synchronize their movements while maintaining harmonious contact, pushing and pulling against each other in a graceful yet powerful manner.

#### Why No Tall Heels To Tango?



One may wonder why wearing tall heels is discouraged in Tango. The answer lies in the dance's technical intricacies and the need for balance and control.

Tango involves intricate footwork, quick turns, and sudden changes in direction. Wearing high heels can throw off the dancer's balance, making it challenging to execute these movements with precision. The stability and control of the dancers' bodies are crucial in Tango. Lower heels allow for more balance, enabling dancers to maintain their center of gravity. It enhances their control over foot placement, making intricate footwork more manageable.

Furthermore, Tango relies on close physical connection between partners. Lower heels contribute to a more stable base, allowing for better communication through body language and weight distribution.

#### **Unveiling the Secrets - Tango Techniques**

Tango comprises several techniques that contribute to its mesmerizing effect. Here are a few essential aspects to consider:

#### 1. Posture

Proper posture forms the backbone of Tango. The dancers maintain an upright posture, with a slight forward lean. The chest remains lifted, allowing for a stronger connection with the partner.

#### 2. Connection

The connection between partners in Tango is established through the upper bodies. The dancers create a "frame," where the arms remain slightly bent, facilitating sensitivity and communication.

#### 3. Footwork

Footwork is a highlight of Tango, with intricate patterns executed with precision. The dancers must maintain a close connection to the floor, allowing for quick direction changes and elegant leg movements.

#### The Allure of Tango

Tango's allure lies in its ability to capture emotions, convey stories, and create unforgettable moments. It is often associated with passion and sensuality, speaking directly to the hearts of those who participate or witness its magic.

By mastering the technique and understanding the essence of Tango, dancers can create beautiful narratives with their bodies. The dance forms a connection that transcends language barriers, evoking raw emotions and enchanting audiences worldwide.

No Tall Heels To Tango, this intriguing phrase sums up the artistry and technicalities of Tango. By understanding the importance of balance, control, and connection, dancers can fully immerse themselves in this captivating dance form.

So next time you step onto the dance floor, remember the secrets unveiled in this article, and let Tango guide you through a world of elegance, passion, and enchantment.



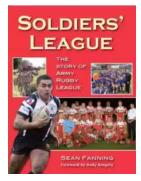
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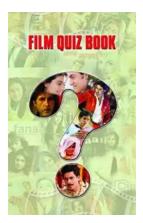
'IT DOES NOT MATTER WHO IS IN POWER. WE HAVE TRIED EVERYTHING. NONE OF IT WORKS' It is May 2018 and below the equator the summer is over. Argentina is in the middle of another economic crisis and the Government is being given budgetary warnings by the International Monetary Fund. Inflation is high and the value of the Argentinean peso is falling. One Englishman returns to South America after an absence of ten years.

NO TALL HEELS TO TANGO remembers a 3000 mile journey made by a seventy year old lone traveller around a troubled Argentina. He visits Buenos Aires, wanders south to Patagonia and then travels north to the towns below the Andes. The Englishman meets people who want to talk about politics and football. Sometimes, though, they remember high heels and the tango and wonder whatever happened.



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