

# Peruvian Days Journey: Discovering My Roots

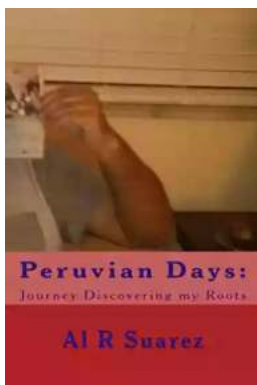
Have you ever wondered about your heritage and where your ancestors come from? I have always been fascinated by my Peruvian roots, and decided to embark on a journey to discover more about my heritage. This article is a detailed account of my incredible Peruvian days journey.

## Arriving in Peru

The moment I landed in Lima, I knew that this trip would be life-changing. The vibrant colors, the warm smiles, and the bustling streets filled with history captivated me instantly. The journey had just begun, and I couldn't wait to unravel the secrets of my ancestral land.

## Exploring Lima

Lima, the sprawling capital city, was my first destination. Known for its rich culinary scene and historical sites, I spent my days wandering through the colonial alleys of Lima's historic center. The magnificent Plaza Mayor, with its stunning architecture dating back to the 16th century, left me in awe. As I explored the catacombs beneath the San Francisco Monastery, I couldn't help but feel a deep connection to the past.



## Peruvian Days: Journey Discovering my Roots

by Dorothea Chan(Kindle Edition)

★★★★☆ 4.7 out of 5

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Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled  
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Lending : Enabled



## Discovering Cusco

From Lima, I made my way to Cusco, the ancient capital of the Inca Empire. The cobblestone streets, impressive Inca ruins, and the captivating blend of Inca and Spanish architecture made Cusco a truly enchanting place. Machu Picchu, the iconic Inca citadel, was a breathtaking sight. Standing on top of the world, surrounded by clouds, I felt a profound sense of wonder and awe – a connection to the land that my ancestors once called home.

## Exploring the Sacred Valley

Leaving Cusco, I ventured into the Sacred Valley. The fertile land, dotted with traditional Andean villages and Inca terraces, felt like a step back in time. I visited the fortress of Ollantaytambo, where the magnificent stone walls and intricate terraces showcased the incredible engineering skills of the Incas. A visit to the Pisac Market allowed me to immerse myself in the vibrant colors of traditional textiles and crafts.

## Delving into the Amazon Rainforest

No journey to Peru would be complete without a visit to the Amazon Rainforest. I traveled deep into the heart of the jungle, guided by a local indigenous community. Navigating through the rivers, encountering exotic wildlife, and learning about traditional medicinal plants from the locals was a truly eye-opening experience. The Amazon Rainforest provided a glimpse into the natural beauty that has thrived in Peru for centuries.

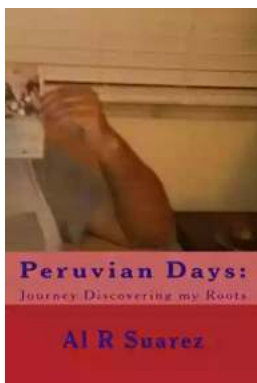
## The Nazca Lines and Huacachina

To further explore the mysteries of Peru, I made my way to the Nazca Desert. The famous Nazca Lines, enormous geoglyphs etched into the desert floor, left me in awe. Their purpose and origin continue to intrigue experts to this day. After marveling at the lines, I headed to Huacachina, a surreal oasis surrounded by towering sand dunes. Sandboarding down the dunes and watching the sunset from the top was an unforgettable experience.

## Reconnecting with my Roots

As my Peruvian days journey came to an end, I couldn't help but feel a profound sense of gratitude and connection to my roots. The incredible landscapes, the rich history, and the warm people had touched my soul in ways I couldn't have imagined. I left Peru with a newfound appreciation for my heritage and a determination to explore more of the world.

Embarking on a journey to discover my Peruvian roots was an experience like no other. From Lima to Cusco, the Sacred Valley to the Amazon Rainforest, and the Nazca Desert to Huacachina, each destination held its own magic and brought me closer to understanding my heritage. If you are seeking a transformative adventure that connects you with ancient history, vibrant culture, and breathtaking landscapes, I highly recommend visiting Peru. Let this be the start of your own extraordinary journey of self-discovery.



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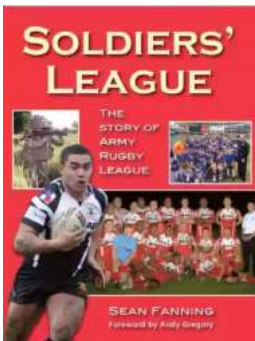
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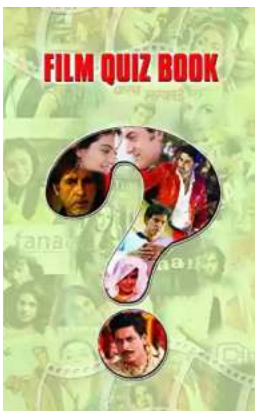


Suarez's 10th book and 3rd semi-autobiography, accounts his journey discovering his roots, with his arrival to Peru in 2002, where he lived for 2 years, and would change his life forever. He transitions from boy to man upon his return to the States.



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