

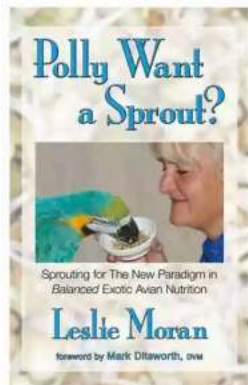
Polly Want Sprout: Unlock the Secrets of a Healthy Parrot Diet!



Are you a proud parrot owner? If so, you have likely pondered the daunting task of providing your feathered friend with a nutritious and balanced diet. Enter Polly Want Sprout, a revolutionary concept in parrot nutrition that will keep your avian companion happy and healthy for years to come!

Why Polly Want Sprout?

Parrots, known for their vibrant plumage and playful personalities, thrive when fed a varied and natural diet. Unfortunately, many bird owners rely solely on commercial parrot pellets, missing out on the numerous benefits of incorporating fresh and live foods into their pet's daily routine.



Polly Want a Sprout?: Sprouting for The New Paradigm in Balanced Exotic Avian Nutrition (Avian Holistic Healthcare Book 1)

by Leslie Moran (Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English

File size : 6353 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 273 pages



This is where Polly Want Sprout steps in. By harnessing the power of sprouting seeds, Polly Want Sprout offers a convenient and cost-effective solution to enhance your parrot's nutrition. But what exactly are sprouted seeds, and why are they so beneficial for parrots?

The Magic of Sprouted Seeds

Sprouted seeds are seeds that have begun the germination process. During sprouting, the dormant seeds transform into vibrant goodness, bursting with a wealth of nutrients and enzymes that are highly beneficial for your parrot's health.

Unlike regular seeds, sprouted seeds are packed with an assortment of vitamins, minerals, and antioxidants, making them a fantastic addition to any parrot diet. They are an excellent source of vitamin C, B-vitamins, zinc, iron, and calcium. Moreover, sprouted seeds are easier to digest, ensuring maximum nutrient absorption for your feathered companion.

Benefits of Incorporating Sprouts in Your Parrot's Diet

When you introduce sprouted seeds into your parrot's diet, you open the doors to a range of health benefits. Some of the advantages include:

- Improved feather health and vibrant colors
- Enhanced immune system and disease resistance
- Better digestion and reduced risk of digestive issues
- Increase in energy levels and vitality
- Overall improvement in the well-being and longevity of your parrot

Getting Started with Polly Want Sprout

Now that you're aware of the incredible benefits of sprouted seeds for your parrot, it's time to get started with Polly Want Sprout. The process is simple and requires minimal effort on your part.

Begin by selecting a seed mix suitable for sprouting. Some common seeds to consider include alfalfa, broccoli, mung beans, and sunflower seeds. Ensure the seeds are organic and of high quality to provide maximum nutrition for your parrot.

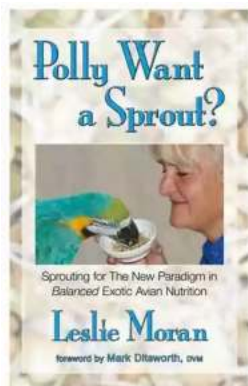
Next, rinse the seeds thoroughly and soak them in water for a specific duration, as indicated on the seed packaging. After soaking, drain the excess water and

rinse again before transferring the seeds to a sprouting container. Regularly rinse and drain the seeds to maintain proper moisture levels and allow optimal sprouting.

Once the seeds have sprouted, offer them to your parrot as a tasty and nutritious treat. You can feed them as a standalone snack or incorporate them into your parrot's daily meals. Polly Want Sprout guarantees that your feathered friend will relish every bite!

With Polly Want Sprout, you have the tools to transform your parrot's diet from ordinary to extraordinary. By adding sprouted seeds to their meals, you can provide your feathered friend with a wide range of essential nutrients while promoting overall health and well-being.

So, why wait? Embrace the power of sprouts today and witness the positive changes in your parrot's life. Polly Want Sprout is a game-changer in the world of pet parrot nutrition!



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EDITORIAL REVIEWS

Whether breeding birds or keeping a family companion, diet and nutrition are the most important aspects of their lives in order for them to maintain optimum health and fitness, and Polly Want a Sprout will provide the required information. Such subjects can be quite complex, depending on each particular situation, but nutrition will always be at the top of the list. Since 2002, Leslie has been writing for Parrots magazine, informing our readers about the importance of what their parrots eat, and going by the comments I continually receive, her articles have been a significant element in the good health and well-being of many owners' birds. Leslie's knowledge of nutrition and her determination to search for the finest foods is quite amazing. She will go to never ending lengths to seek out what is best for our birds. There is no doubt that sprouts are one of the finest sources of natural nutrition and her knowledge on the subject will be hard to beat. Every time I read through her monthly Parrots magazine's columns, I never fail to be amazed at the amount of detail she includes, and the invaluable information she provides. This book contains a wealth of knowledge and will, I have no doubt, become the 'encyclopedia' of nutrition for parrots and parakeets, and an essential part of any parrot owner's library.

—John Catchpole, Publisher/Editor, Parrots magazine

“Leslie's documentation is meticulously cited, which provides great peace of mind for those of us who want proof rather than marketing ploys.”

—Jenny P, Austin, Texas

“A must read for aviculturists and avian veterinarians.”

—Linus McKibbin, owner, and Marcia Sherman, manager, Pettin Place, Reno, NV, retired exotic bird breeder (30 years)

“This book answers questions I never knew I needed to ask.”

—Marie S, Sacramento, CA

“We are impressed by your years of trial and error and research on how to eradicate avian malnutrition.”

—Lisa and Wayne Schandelmeier, Keeling, VA, US

“In addition to the great advice for beginners, this book also offers really good insights for those of us who have had birds for years.”

—Pat Gower, PhD., San Antonio, Texas

“Leslie Moran has shared the research, science and her passion behind the importance of properly grown sprouts and why they are the most nutritious food available to keep our birds healthy.”

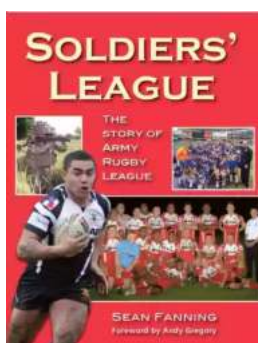
—Peggy Beal, Board Member, RAAVE: Reno Area Avian Enthusiasts

<https://raave.com>

FROM THE BACK COVER:

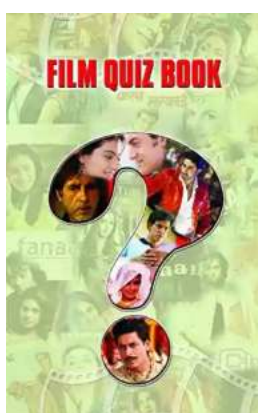
The First Balanced Exotic Avian Nutrition Food Plan: This book makes feeding your parrots and finches the wholesome, real foods that they must eat every day, simple, easy, and fun. While also eliminating other harmful and unnecessary foods from their diet. Why is feeding balanced nutrition important? Because the only way for your birds to live long, happy and healthy lives, is by improving their health and well-being by feeding a combination of foods that provide balanced

nutrition. The basic and essential nutritional elements presented and discussed in this book embrace the building blocks of solid, basic nutritional knowledge, scientific research, and case studies. Because of the enhanced nutrition that feeding birds a correctly formulated and properly grown sprouting blend provides, the author uses this life-giving avian superfood as the foundation for her 'Balanced Exotic Avian Maintenance Diet Food Plan'. This edition, formerly "The Complete Guide to Successful Sprouting for Parrots", has been completely rewritten and eight new information-rich chapters have been added. This author is best known for her investigative journalism and attention to detail, while being straightforward with the facts. Leslie simplifies complex subjects down to the basics. A must-read.



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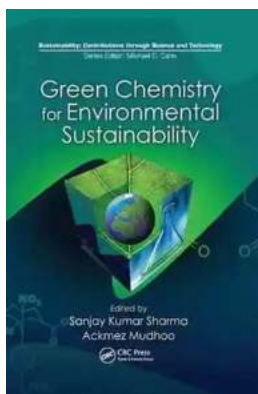
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